

# HumanaVitality® Rewards



## Get Rewarded for Making Healthier Choices with HumanaVitality

When you're a member of HumanaVitality, you'll earn Vitality Points™ for completing healthy activities. You get one Vitality Buck® for each Vitality Point you earn. You can redeem your Vitality Bucks at the HumanaVitality Mall for a wide variety of rewards, like some of these great items:

Under 5,000 Vitality Bucks	5,001 to 15,000 Vitality Bucks	15,001 to 30,000 Vitality Bucks	30,001 to 100,000 Vitality Bucks	More than 100,000 Vitality Bucks
Humana Gear Pedometer	Men's Lacoste Polo	Garmin Nuvi GPS	Viking Outdoor Grill	Nikon D7000 Camera
Gift Cards	Polar FT7 Heart Rate Monitor	Sharp Grill 2 Convection Microwave Oven	kate spade Tote Bag	Samsung 64" Plasma HDTV
Puma Women's Active Tee	Radio Flyer 2-in-1 Trike	Apple 8 GB Touch Black	Polar RS800CX Heart Rate Monitor	Salvatore Ferragamo Handbag
Proctor Silex Slow Cooker	Cuisinart Coffee Maker	Calphalon 14 pc. Cooking Set	Trek 4300 Mountain Bike	Maytag 25.8 cu. ft. Side by Side Refrigerator
Brookwood Tent	Maui Jim Akoni Sunglasses	Dooney & Bourke Bag	Whirlpool Upright Freezer	Island Club Love Seat

**HumanaVitality empowers you to live a healthy lifestyle and gives you the tools you'll need to succeed. Get started today ... find out how HumanaVitality can help you become healthier – and reward you along the way**

Don't wait to get started earning your rewards. Enroll today at [Humana.com/Vitality](http://Humana.com/Vitality).

Effective 1/25/2012. Merchandise rewards subject to availability and change without notice.

